Electronic Acknowledgement Receipt				
EFS ID:	2070133			
Application Number:	10737018			
International Application Number:				
Confirmation Number:	5591			
Title of Invention:	Method and apparatus for physical fitness training			
First Named Inventor/Applicant Name:	David M. Munson			
Customer Number:	23380			
Filer:	Larry Donovan/Mary Erne Jr			
Filer Authorized By:	Larry Donovan			
Attorney Docket Number:	77535/00002			
Receipt Date:	10-AUG-2007			
Filing Date:	16-DEC-2003			
Time Stamp:	12:27:38			
Application Type:	Utility under 35 USC 111(a)			

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Submitted with Payment	yes
Payment was successfully received in RAM	\$60
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File Listing:

Document	Document Description	File Name	File Size(Bytes)	Multi	Pages
Number	Document Description	cument description File Name	/Message Digest	Part /.zip	(if appl.)

		Total Files Size (in bytes):	31	7728					
Information:	:								
Warnings:									
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2	Fee Worksheet (PTO-06)	fee-info.pdf	8147	no	2				
Information									
Warnings:									
	Extension of Time		8	8					
	Applicant Arguments/Remarks Made in an Amendment		7	7					
	Claims		2	6					
	Response to Election / Restriction Filed		1	1					
	Document Description		Start	End					
	Multipart Description/PDF files in .zip description								
1		estReq_asEFiled_8-10-07.p df	e4b3ad21244e991f29ff0f834e208b0dc 50f523d	yes	8				
1		77535-00002_ResponseToR	309581						

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New Applications Under 35 U.S.C. 111

If a new application is being filed and the application includes the necessary components for a filing date (see 37 CFR 1.53(b)-(d) and MPEP 506), a Filing Receipt (37 CFR 1.54) will be issued in due course and the date shown on this Acknowledgement Receipt will establish the filing date of the application.

National Stage of an International Application under 35 U.S.C. 371

If a timely submission to enter the national stage of an international application is compliant with the conditions of 35 U.S.C. 371 and other applicable requirements a Form PCT/DO/EO/903 indicating acceptance of the application as a national stage submission under 35 U.S.C. 371 will be issued in addition to the Filing Receipt, in due course.

New International Application Filed with the USPTO as a Receiving Office

If a new international application is being filed and the international application includes the necessary components for an international filing date (see PCT Article 11 and MPEP 1810), a Notification of the International Application Number and of the International Filing Date (Form PCT/RO/105) will be issued in due course, subject to prescriptions concerning national security, and the date shown on this Acknowledgement Receipt will establish the international filing date of the application.